

Military Reboot

Military REBOOT is a 12-week, faith-based, peer-led course that helps veterans, active-duty military and their families heal from service-related trauma.

At REBOOT courses across the country, military families are reconciling, divorce rates are dropping, medication abuse is decreasing, and suicide numbers are falling. You can experience that same kind of breakthrough.

For many service members, the war doesn't end when the deployment is over. Staggering divorce rates, rampant substance abuse and alcoholism, rising instances of assault and domestic violence, and far too many suicides point to an unrelenting battle against an unseen enemy being waged by military families everywhere. Perhaps it's all too real for you or a loved one.

We get it – if you've tried therapies or taken medications but you're still struggling, you may be skeptical of yet another "solution." But REBOOT approaches trauma from a different angle. If your mind and body can be wounded, doesn't it stand to reason that your soul can be wounded, as well? What if that's the ingredient that's been missing in your healing? As one soldier put it...

***The hospital fixed my body, but REBOOT fixed my soul.
REBOOT sought out and rescued the man I once was.***

Trauma changes you, no question. But how it changes you is partially determined by the choices you make after the trauma occurs. We can't promise that REBOOT will magically make your symptoms disappear. But what we can do is help you take productive steps toward a life of freedom and purpose in spite of your trauma.

Since 2011, Military REBOOT has helped thousands of military families achieve breakthrough in their war against trauma. Now it's your turn. It may seem impossible, but in only 12 weeks, you can push back against the darkness and begin walking down a proven path of healing. Joining a REBOOT course is a choice that could change your life forever. Make the choice and begin your healing journey today.

What participants are saying . . .

If it wasn't for REBOOT and the family I made during the course, I wouldn't have been able to get to where I am now - a better husband for my wife, a better father to my children, and just a better place in life . . .

I have been out since 1995, and I have tried numerous ways to get help for my PTSD. NOTHING had helped me, until I went to REBOOT; and I can say that not only did REBOOT help, but I met some of the best people that have made my experience much more rewarding.

As a spouse of a soldier suffering from Post-Traumatic Stress, attending REBOOT was the only thing that helped and the best thing we ever did. He now has his faith back and we are stronger. He is also less stressed in public places and more comfortable.

It's the first program that every really challenged or helped me in any way. I know I have a long way to go, but with my brothers and sisters, through REBOOT, I finally feel I have a chance.