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JANUARY 2025  
WEEK THREE

## Elementary



Resilience is getting back up when  
something gets you down.

### Bible Story

#### Slow to Anger

James 1:19

When you're angry, talk to God.

### MEMORY VERSE

Be strong, all you who put your hope  
in the LORD. Never give up.

Psalm 31:24, NIV

### Engagement Questions

- What do you do when you feel angry?
- What is something you can try differently this week?
- How can knowing **when you're angry, talk to God** be helpful for you?

### Prayer

"Dear God, thank You for my friends! Please remind me that You are always with me. When I'm angry, help me make wise choices and be slow to get angry. I love You, and pray these things in Jesus' name. Amen."

ENGAGE IN EVERYDAY MOMENTS TOGETHER



### Morning Time

As your kid starts their day, tell them about something they said to you or someone else that was meaningful.



### Meal Time

At a meal this week, have everyone at the table answer this question: "What is something that has made you angry lately? Who do you talk to about it? Is it easy or hard for you to talk to God about it?"



### Drive Time

While on the go, ask your kid: "Who is someone who makes you feel better when you're angry?"



### Bed Time

Pray for each other: "God, help us to talk to You first when we're angry. You want us to talk to You about anything—even about the things that make us mad."

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## More Ways to Engage with Your Kid

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[Faith & Character Activities](#)

[Worship Song of the Month](#)

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