JANUARY 2025 WEEK TWO

12/17/24, 3:55 PM

Elementary



Resilience is getting back up when something gets you down.

Bible Story

Do Not Worry

Matthew 6:25-34

When you're worried, trust God.

MEMORY VERSE

Be strong, all you who put your hope in the LORD. Never give up.

Psalm 31:24, NIrV

Engagement Questions

- What do you worry about?
- When do you feel worried the most?
- What helps you remember: when you're worried, trust God?

Prayer

"Dear God, thank You for loving and caring for me. Sometimes I have worries that feel really big. Even though I can't control the rainy days, I can control how I respond to them. God, help me to trust You when I'm worried. Help me to identify people I trust to talk to them about it too. I love You, and pray these things in Jesus' name. Amen."

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

As your kid starts their day, ask them if you can pray for them today and if there is anything specific.



Drive Time

While on the go, ask your kid: "Who is someone who makes you feel better when you're worried?"



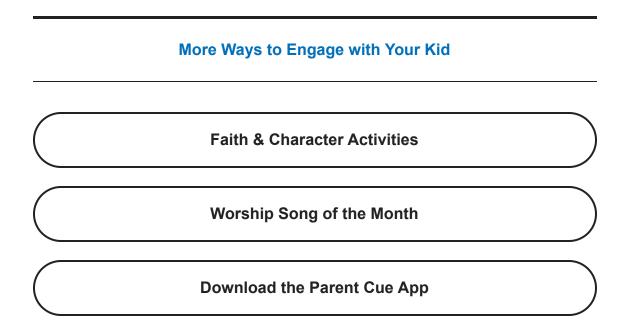
Meal Time

At a meal this week, have everyone at the table answer this question: "What is something you or someone you know has worried about lately?"



Bed Time

Pray for each other: "Jesus, help us to trust You when we are worried. When we don't know what will happen, we can find peace knowing that You will take care of us no matter what happens."





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