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JANUARY 2025  
WEEK TWO

## Elementary



Resilience is getting back up when  
something gets you down.

### Bible Story

#### Do Not Worry

Matthew 6:25-34

When you're worried, trust God.

### MEMORY VERSE

Be strong, all you who put your hope  
in the LORD. Never give up.

Psalm 31:24, NIV

### Engagement Questions

- What do you worry about?
- When do you feel worried the most?
- What helps you remember:  
**when you're worried, trust God?**

### Prayer

"Dear God, thank You for loving and caring for me. Sometimes I have worries that feel really big. Even though I can't control the rainy days, I can control how I respond to them. God, help me to trust You when I'm worried. Help me to identify people I trust to talk to them about it too. I love You, and pray these things in Jesus' name. Amen."

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**ENGAGE IN EVERYDAY MOMENTS TOGETHER**

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**Morning Time**

As your kid starts their day, ask them if you can pray for them today and if there is anything specific.

**Meal Time**

At a meal this week, have everyone at the table answer this question: "What is something you or someone you know has worried about lately?"

**Drive Time**

While on the go, ask your kid: "Who is someone who makes you feel better when you're worried?"

**Bed Time**

Pray for each other: "Jesus, help us to trust You when we are worried. When we don't know what will happen, we can find peace knowing that You will take care of us no matter what happens."

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**More Ways to Engage with Your Kid**

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**Faith & Character Activities**

**Worship Song of the Month**

**Download the Parent Cue App**

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