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JANUARY 2025
WEEK ONE

Elementary



Resilience is getting back up when something gets you down.

Bible Story

Jesus Wept

John 11:1-45

When you're sad, remember you're not alone.

MEMORY VERSE

Be strong, all you who put your hope in the LORD. Never give up.

Psalm 31:24, NIrV

Engagement Questions

- What makes you sad?
- Who can you talk to when you're sad?
- What helps you **when you're sad, remember you're not alone?**

Prayer

"Dear God, thank You that You are ALWAYS with me. Thank You for Your Son, Jesus. When I'm joyful, angry, worried, or sad, help me remember that I am never alone—no matter how I feel! I love You, and pray these things in Jesus' name. Amen."

ENGAGE IN EVERYDAY MOMENTS TOGETHER

**Morning Time**

As your kid starts their day, tell them "Jesus is there to help you with whatever you face today."

**Meal Time**

At a meal this week, have everyone at the table answer this question: "When is a time you have been sad lately?"

**Drive Time**

While on the go, ask your kid: "Who is someone who makes you feel better when you're sad?"

**Bed Time**

Pray for each other: "Jesus, thank You that You care about how we feel. We know that sometimes we will feel sad. But even when we're sad, You are still with us and You care about us."

More Ways to Engage with Your Kid

Faith & Character Activities

Worship Song of the Month

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