

# Commitment is making a plan and putting it into practice.

## DAY 1

### Read 1 Kings 8:61

Commitment isn't easy. But working hard at something can have BIG rewards. Practicing piano can lead to an awesome performance at your next recital. Studying hard can lead to learning something new. Running drills over and over at practice might lead to a touchdown in your next game.

The same is true when it comes to following God. It's not easy to let others go first, walk away when someone hurts you, or tell the truth when you might get into trouble. But if we want to show others who God is and how much God loves us, then we have to make a commitment to practice living for God.

### Hoop It Up

Can you make a hula-hoop spin without falling? Set a timer for ten minutes and spend the entire time practicing your hula-hoop skills. When the timer goes off, if you don't see any improvement, set the timer and practice for ten more minutes. If you don't have one, grab a ball and practice dribbling or kicking instead.

## DAY 2

### Read Ephesians 5:1-2

Is there anyone in your family you hear you look the most like? Members of the same family often look like one another. In the same way, as followers of God, we should look and act like God.

So, how can you follow God's example? How did you show love to others today? Ask God to help you love others like God loves you as you practice living for God.

### Dearly Beloved

Fill in the blanks with your name below. Then read it aloud along with the blanks.

"....., you are a child that God dearly loves.

So follow God's example.

Lead a life of love, just as Christ did.

God loves you, .....

God sent Jesus for you.

Jesus was a sweet-smelling offering and sacrifice to God." (See Ephesians 5:1)

(That last sentence is a reminder that Jesus took the punishment for the wrong things we do when He died on the cross. And He rose again so that we could have a relationship with God forever when we put our trust in Him.)

DAY 3

## Read 1 Timothy 4:8

Set a timer for one minute. Complete the following tasks, resetting the timer for one minute for each one:

Sit ups  
Squats  
Star jumps  
Push ups  
Jogging in place

Are you tired? What might happen if you kept doing that routine, day after day, week after week, increasing the time by one minute each week? Would you get stronger? Absolutely!

Today's verse reminds us that training the body has value but being godly is even better! We've been learning all month long that we can grow in our faith (and become Godlier, more like Jesus) when we practice hearing from God, praying to God, talking about God, and living for God. When we live for God, it will make a difference right now and forever.

You can ask God for help as you practice living for God every day. Remember, you won't always do it perfectly, but you will grow stronger and stronger as you practice following God each day.

DAY 4

## Read Mark 12:43-44

When is a little actually a LOT?

Wealthy men were throwing large sums of money into the offering box. Then a poor widow walked up and placed two small coins in the box. Jesus noticed.

Who gave more?  
The widow.

Which amount COST more?

The rich men gave out of their extra. They still had plenty left over, so it wasn't a sacrifice for them. This widow, by giving ALL she had, showed that she trusted God to take care of her.

Every time you are generous, every time you share, every time you listen or go out of your way to help, you are LIVING for God. You point others to God and show them how much God loves them too.

As you practice living for God this week, ask yourself: Is this honoring God? Remember, every little choice you make to live for God, helps others to know God too!

Practice living  
for God.