

The Peaceful Care Giver

from Stressed to Blessed

Caregivers can face incredible stress. Yet, peace is possible...regardless of your circumstances. When you are a family caregiver, that may seem impossible, but anything is possible with God. He gently calls you to come to Him for rest and refreshment.

Fellow caregiver, author and teacher, Mary Tutterow shares insights from scripture and her personal experiences from more than 25 years as a caregiver. She offers instruction on how to “practice” peace for immediate and long-lasting results. As you move through the difficult emotions and responsibilities associated with caring for loved ones, discover how God wants to care for you. His peace is waiting for you. You can get from stressed to blessed.

Since the group meets online, the participant will purchase their own copy of the book. Below is a link to Amazon, but the participant can purchase the book from any vendor of their choice.

https://www.amazon.com/Peaceful-Caregiver-Stressed-Blessed-Heart/dp/1563092956/ref=sr_1_2?crid=3EG6V107JEUNX&dib=eyJ2ljoMSJ9.RXM8uh1AyvsRsL8Zst5cxD-lcEqObpSUQIlkRYw-Ls7GjHj07lQN20LucGBJIEps.PXBWUqKlpSB84BCbW7aE029QFymx_l0i0ZSEkS6tIU0&dib_tag=se&keywords=Mary+tutterow&qid=1778099375&s=digital-text&srefix=mary+tutterow%2Cdigital-text%2C342&sr=1-2