

Good Boundaries & Goodbyes

Material:

Each registrant will need to purchase their own copy of Good Boundaries and Goodbyes book AND workbook. Each registrant will need to purchase their own copy of Good Boundaries and Goodbyes book AND workbook.

Book: https://www.amazon.com/Good-Boundaries-Goodbyes-Loving-Without/dp/140021176X/ref=sr_1_1?crid=1DAE9F...

Workbook: https://www.amazon.com/Boundaries-Goodbyes-Bible-Study-Streaming/dp/0310140358/ref=sr_1_2?crid=1DAE...

Free Childcare - pre-registration required

Is it unloving or selfish to set a boundary? And what does the Bible instruct us to do when a relationship is no longer safe or sustainable? Lysa TerKeurst has asked these hard questions in the midst of her own relational struggles.

But after thousands of hours of counseling intensives and theological research, Lysa has discovered that good boundaries pave the road for the truest version of love to emerge within the relationships that make up so much of who we are and what we want the most.

Building upon and further unpacking the scriptural concepts in *Good Boundaries and Goodbyes*, this six-session Bible study will equip you to:

- Determine the appropriate amount of personal and emotional access someone has to you.
- Stop being misled and emotionally paralyzed by wrongly interpreted or weaponized Scriptures.
- Overcome the frustrating cycle of ineffective boundary-setting with biblical principles and practical strategies to help you communicate, keep, and implement healthier patterns.
- Be equipped to say goodbye when a relationship has shifted from difficult to destructive by studying three types of goodbyes found in God's Word.

Weekly topics include:

Boundaries Aren't Just a Good Idea, They're a God Idea
A Relationship Can Only Be as Healthy as the People in It
Maybe We've Been Looking at Walls All Wrong
Old Patterns, New Practices
People in the Bible Who Had to Say Hard Goodbyes
You're Going to Make It