

# 21 Day Kids Prayer Guide

Mountain Christian Church



This Prayer Guide Belongs to \_\_\_\_\_

# How to Use this Prayer Guide

## Hey Mountain Kids!

Prayer is having a **conversation with Jesus**. When we have a conversation with Jesus, sometimes we are talking and other times we are listening to Jesus. When we pray to Jesus we can give thanks, we can ask Jesus for things, and we can tell Jesus what's going on in our lives.

The book is **simple** to use:

- Spending time drawing or writing the answer to each question
- Write other prayer requests
- Spend 1 minute in quiet, focusing your mind and heart on Jesus
- Pray to Jesus.

If you need anything please don't hesitate to reach out to the Mountain Kids Team. Remember, you can pray anywhere about anything. Jesus is always listening

*Mountain Kids Team*

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## Day 1 - Pray for your Campus

It's been a while since we've been able to be together at church. **In the space below, write or draw your prayer request for your friends who you haven't seen in a while at church. You can also pray for the kids area.**

**Your Prayer Journal:** Write or draw anything that you want to tell Jesus in the space below. Pray for those things.

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Part of praying is being **quiet** so we can **listen to God**. Find a spot in your home and try to be quiet for **one minute** so you can focus your mind and heart on Jesus.

## Day 2 - The Lord's Prayer

Jesus taught us to pray. Below is the prayer he taught us to pray. **Read the prayer and in the space below draw a few pictures to match the prayer.**

"Our Father in heaven, Holy is Your name.  
Your kingdom come. Your will be done, On  
earth as it is in heaven. Give us this day our  
daily bread. And forgive us our debts, As we  
forgive our debtors. And do not lead us into  
temptation, but deliver us from the evil one.  
For Yours is the kingdom and the power and  
the glory forever." Amen

**Your Prayer Journal:** Write or draw anything that you want to tell Jesus in the space below. Pray for those things.

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## Day 3 - Jesus Prayed

*Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. Mark 1:35*

Jesus is our example for praying. We can read that he prayed by himself and very early in the morning. **In the space below, draw an area that you like to pray in, maybe it's your room or outside.**

**Your Prayer Journal:** Write or draw anything that you want to tell Jesus in the space below. Pray for those things.

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## Day 4 - Ask God

*Therefore I tell you, whatever you ask in prayer, believe that you have received it, and it will be yours. Mark 11:24*

Sometimes we ask God things when we pray. We might ask God to forgive us or to keep us safe. **Write or draw something you want to ask God today.**

**Your Prayer Journal:** Write or draw anything that you want to tell Jesus in the space below. Pray for those things.

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## Day 5 - Pray All the time

*Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus. 1 Thessalonians 5:16-18*

It is important to remember you can pray all throughout the day. This verse says to pray continually, or all the time. **Draw or write a list of things you can be praying about throughout the day.**

**Your Prayer Journal:** Write or draw anything that you want to tell Jesus in the space below. Pray for those things.

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## Day 6 - God Provides

*The Lord is my shepherd, I lack nothing. Psalm 23:1*

God provides for us. **Write or draw a list of things that God provides or gives to you.** Pray to God thanking God for the ways God provides for you.

**Your Prayer Journal:** Write or draw anything that you want to tell Jesus in the space below. Pray for those things.

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## Day 7 - Pray when you feel Alone

*"And surely I am with you always, to the very end of the age" Matthew 28:20*

Sometimes we might feel alone. Remember that God is always with us. **In the space below draw or write about a time that you felt alone.**

**Your Prayer Journal:** Write or draw anything that you want to tell Jesus in the space below. Pray for those things.

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## Day 8 - Know my Heart

*Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting. Psalm 139:23-24*

Sometimes we think things that aren't pleasing to God. Sometimes our thoughts are mean or not nice to others. **Draw or write about a time that you thought or did something that was not nice to someone else.** Ask God to forgive you.

**Your Prayer Journal:** Write or draw anything that you want to tell Jesus in the space below. Pray for those things.

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## Day 9 - Seek Jesus

*But seek first His Kingdom and His righteousness, and all these things will be given to you as well. MATTHEW 6:33*

Sometimes we don't run towards Jesus. Sometimes other things get in the way of spending time with Jesus, like sports, video games, or our own wants. **Draw or write something that gets in the way of you spending time with Jesus.**

**Your Prayer Journal:** Write or draw anything that you want to tell Jesus in the space below. Pray for those things.

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## Day 10 - Trust

*Trust in Him at all times, you people; pour out your hearts to Him, for God is our refuge. Psalm 62:8*

Sometimes it's hard to trust God. **Draw or write about a time that it was difficult to trust in God.**

**Your Prayer Journal:** Write or draw anything that you want to tell Jesus in the space below. Pray for those things.

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## Day 11 - Forgiveness

*If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. 1 John 1:9*

Jesus is always ready to forgive us. When we pray to God we can share and ask for forgiveness for the things that we have done wrong. **In the space below draw or write the things you need to ask for forgiveness, then pray to God.**

**Your Prayer Journal:** Write or draw anything that you want to tell Jesus in the space below. Pray for those things.

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## Day 12 - Difficult Times

*When you hope, be joyful. When you suffer, be patient. When you pray, be faithful. Roman 12:12*

Sometimes things around us are difficult, we go through hard or challenging times. **Draw or write about a time that was difficult for you.** Afterwards pray to Jesus about the difficult time.

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## Day 13 - Pray when Afraid

*So do not be afraid. I am with you. Do not be terrified. I am your God. I will make you strong and help you. I will hold you safe in my hands. I always do what is right. Isaiah 41:10*

The Bible tells us over and over again 'not to be afraid.' **In the space below draw or write about a time that you were afraid, then pray to Jesus.**

**Your Prayer Journal:** Write or draw anything that you want to tell Jesus in the space below. Pray for those things.

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## Day 14 - Pray for your Neighborhood

Today we will pray for our neighborhood. This includes the people who live near you, go to your school, or other places in your neighborhood. **In the space below, write or draw places in your neighborhood who you want to keep in prayer.**

**Your Prayer Journal:** Write or draw anything that you want to tell Jesus in the space below. Pray for those things.

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## Day 15 - Pray for your Friends

Today we will pray for other people. **In the space below, write or draw friends who you want to keep in prayer.**

**Your Prayer Journal:** Write or draw anything that you want to tell Jesus in the space below. Pray for those things.

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## Day 16 - Pray for your Family

Today we will pray for other people. **In the space below, write or draw family members who you want to keep in prayer.**

**Your Prayer Journal:** Write or draw anything that you want to tell Jesus in the space below. Pray for those things.

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## Day 17 - Praying when Anxious

*Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:6-7*

Sometimes we can be anxious or nervous about things that are happening in our lives. **In the space below, draw or write about a time that you were anxious or nervous.**

**Your Prayer Journal:** Write or draw anything that you want to tell Jesus in the space below. Pray for those things.

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## Day 18 - God's Love

*Give thanks to the Lord, for he is good; his love endures forever. Psalm 118:1*

**In the space below, draw a heart and inside the heart write or draw all the ways that God loves you.** Afterwards, pray to God thanking God for his love for you.

**Your Prayer Journal:** Write or draw anything that you want to tell Jesus in the space below. Pray for those things.

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## Day 19 - Giving Thanks

In the space below **write or draw 5 things** that you are thankful for. After thinking about 5 things, pray to Jesus, thanking him for those things.

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## Day 20 - Pray for Healing

We can pray for healing. **In the space below draw or write prayer requests for people who might be sick that you are asking God to heal.**

**Your Prayer Journal:** Write or draw anything that you want to tell Jesus in the space below. Pray for those things.

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## Day 21 - Pray for those who don't Know Jesus

*"Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, 20 and teaching them to obey everything I have commanded you."*  
Matthew 28:19

We are sent on a mission to go tell others about Jesus. **In the space below, draw or write people who you want to tell about Jesus.** Pray for those people.

**Your Prayer Journal:** Write or draw anything that you want to tell Jesus in the space below. Pray for those things.

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## Prayer Note Area

**Draw or write any prayers that you want to share with Jesus in the space below.**